

HENRY WONG

H A R B O R N E

GLUTEN FREE MENU

STARTERS

Yuk Sung Mixed Vegetable <i>(2 ppl) (v)</i>	14.00
Yuk Sung Chicken or Pork <i>(2 ppl)</i>	16.50
Yuk Sung - Prawn <i>(2 ppl)</i>	16.50
Asparagus with Garlic & Pepper <i>(v)</i>	13.95
Steamed Scallop with Ginger & Spring Onion <i>(2 pcs)</i>	10.50
Honey Pepper King Prawn <i>(4 pcs)</i>	9.95
Soft Shell Crab with Chilli & Garlic	13.75
King Prawn with Chilli & Garlic <i>(4 pcs)</i>	9.95
Crispy Seaweed *Contains Sesame Seeds	6.95

SOUPS

Mixed Seafood Broth	9.95
Mixed Vegetable Soup	6.75
Crab Meat & Sweetcorn *Contains Egg	7.25
Chicken & Sweetcorn *Contains Egg	7.00

POULTRY

Cantonese Crispy Chicken	15.95
Sizzling Chicken with Ginger & Spring Onion	14.50
Chicken with Mushroom & Bamboo Shoots	14.50
Honey Pepper Chicken	14.95
Honey Lemon Chicken	14.95
Cantonese Sweet & Sour Chicken	14.75
Chicken with Ginger & Pineapple	14.50
Sliced Duck with Ginger & Pineapple	16.95

MEAT

Sizzling Beef Fillet with Black Pepper Sauce	18.95
Sizzling Beef Fillet with Ginger & Spring Onion	18.95
Fried Beef with Mushroom & Bamboo Shoots	14.75
Sizzling Lamb with Ginger & Spring Onion	17.50
Loin of Lamb with Chilli & Garlic	17.50

SEAFOOD

Sizzling Fish Fillet with Ginger & Spring Onion	16.50
Fried Seabass with Chilli & Garlic	22.75
Steamed Seabass with Ginger & Spring Onion	22.75
King Prawns with Mushrooms & Bamboo Shoots	16.75
Sweet and Sour Prawns	16.75
Sweet and Sour Fish Fillet	16.50
Steamed King Prawns in Garlic Sauce	16.75
Chilli & Pepper King Prawns	18.75
Honey Pepper King Prawns	18.75

VEGETABLES

Baby Pak Choy in Garlic <i>*Seasonal & subject to availability</i>	13.95
Chinese Green Gai Lan with Ginger & Shaoshing Wine	13.95
Monk Style Vegetables <i>(without ToFu)</i>	13.50
Honey Pepper Water Chestnuts	14.75
Stir Fried Three Slices - <i>Vegetables and Shredded Egg</i>	11.50

RICE

Steamed jasmine Rice	4.50
Fried Rice with Spring Onion	4.95
Egg Fried Rice	5.00
Shanghai Fried Rice with Pak Choy & Mushroom <i>(Pak Choy seasonal and subject to availability)</i>	6.95

SET MENU FOR 2

Yuk Sung

Asparagus with Chilli & Pepper

Honey Pepper Chicken

King Prawn with Chilli & Garlic

Fish with Ginger & Spring Onion

Egg Fried Rice

£26.50 per person

DESSERTS

Pasionfruit & Mango Cheesecake 6.00

*A creamy baked cheesecake swirled
with a passion and mango swirl on a coconut and gluten free biscuit base.*

Chocolate Fudge Cake 5.95

Scrumptious two layered chocolate sponge filled & covered with chocolate fudge icing.

10% Discretionary Service Charge for parties of 4 or more

CHAMPAGNE

	125ml	bottle
R de Ruinart - France	9.95	49.50
<i>Fine effervescence, notes of pear, dried fruits and the signature Ruinart minerality</i>		
Ruinart Blanc de Blancs - France		68.00
<i>All grand cru fruit in the blend with citrus, peach and floral aromas.</i>		
Ruinart Rose NV - France	11	62.50
<i>Subtle nose of cherry and freshly pickled red berries leads to a delightfully smooth finish</i>		

SPARKLING

Colli Vincentini, Juliet Rose Spumante NV - Italy	6.50	24.50
<i>Intense, fruity & complex with the scent of flowers and small ripe passion fruit</i>		
Colli Vincentini, Romeo Prosecco Superiore Brut NV, Italy	6.50	24.50
<i>Bold fruity aromas with a rich scent of apple, lemon & grapefruit</i>		

WHITE WINE

Coast to Coast Sauvignon Blanc - New Zealand	6.25	20.00
<i>Beautiful gooseberry and citrus drive leads to a delicate minerally finish</i>		
Casarena Wine Maker Selection Torrontes - Argentina		25.00
<i>An aromatic wine with a tight profile, elegant tension and beautiful citrus notes, completely unique.</i>		
Domaine Doucet Sancerre - France		37.00
<i>Flowery on the nose with hints of acacia, lime blossom and tropical fruit notes, leading to a lovely fresh mineral finish.</i>		

ROSE

Les Saisons de la Vigne Rose - France	6.25	19.00
<i>Lead by strawberries, this is fresh & vibrant with a red berry and pepper character.</i>		
Cotes de Provence - France		25.00
<i>A benchmark Provence Rose, Evocative flavours of grapefruit & citrus combined with refreshing acidity</i>		

RED WINE

Casarena 505 Malbec - Argentina	6.25	19.00
<i>Classic Argentine Malbec, big & bold with unctuous dark fruit, balance personified.</i>		
Gran Araucaria Merlot - Chile	6.00	17.50
<i>Delightful Chilean Merlot with soft red fruits moving through gently smoky finish.</i>		
Vilatta Valpolicella Rispasso - Italy		33.00
<i>Concentrated dark fruit with vanilla hints, a perfectly rounded and balanced Rispasso.</i>		

VODKA

		25ml
Belvedere	40%	3.75
Belvedere Mango Passion	40%	4.50
Ciroc Ultra Premium Vodka	40%	4.25

RUM

Bacardi Carta Oro (Gold)	40%	4.00
Ron Zacapa Centenarion Sistema Solera 23	40%	4.75

GIN

Hendricks	41.4%	4.75
Tanqueray 10	47.3%	4.00

COGNAC

Hennessy VS	40%	4.00
Hennessy XO	40%	9.00

TEQUILA

Patron	45%	4.00
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BEER / CIDER

Peroni Nastro Azzura Gluten Free	5.1%	3.95
Magners Original	4.5%	4.50

All wines and champagnes are considered to be Gluten Free.

All Cognacs are considered to be Gluten Free.

We have carefully selected spirits which are Gluten Free or contain less than 20 parts per million of gluten. Unfortunately we are still seeking a truly gluten free whisky, (All whisky producers claim their products are gluten free, but cannot guarantee this).

Every effort has been made to ensure all products listed are gluten free.

10% Discretionary service charge for parties of 4 or more